

Unraveling Emotional Dysregulation and Aggression: Updates on Medications and Behavioral Treatments

Wednesday, April 23, 2025 12:00pm-1:00pm

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After participating in this activity, learners should be able to:

- ✓ Define Aggressive behavior and its psychiatric contexts.
- Identify perennial issue: Treating Aggressive Dyscontrol as Symptom of Specific Psychopathology or a "Transdiagnostic" Concern.
- Recognize the impact on regulatory issues and sociocultural factors.
- ✓ Discuss management and treatment— Pharmacotherapy and Non-Medication Approaches: Framework for Type of Interventions.

To register-https://uiowa.zoom.us/webinar/register/WN NcIABYIWSfKfFa7z74 4QQ

Accreditation Statements



In support of improving patient care, the University of Iowa Roy J. and Lucille A. Carver College of Medicine is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Credit Designation Statements

Physician: The University of Iowa Roy J. and Lucille A. Carver College of Medicine designates this live activity for a maximum of 1.0 *AMA PRA Category 1 Credit(s)* $^{\text{TM}}$. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

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Other Health Care Providers: A certificate of participation will be available after successful completion of the course. (It is the responsibility of licensees to determine if this continuing education activity meets the requirements of their professional licensure board.)

Statement of Purpose:

This series is hosted by the Iowa Pediatric Mental Health Collaborative. This activity provides continuing education on common pediatric mental health conditions for primary care providers and other mental health professionals to support identification and treatment of mild to moderate mental health conditions within the clinic setting.

This training is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) as part of an award totaling \$700,000 with 20% financed with nongovernmental sources. The content are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by HRSA, HHS or the U.S. Government.